

Athelstan News



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Manager appointed



Introducing Athelstan Camberwell Manager, Anne Hulls

More than three decades of experience in the hospitality industry has led Anne Hulls to her most exciting role yet.

Anne is the newly-appointed Manager of Athelstan Camberwell, and says she is looking forward to utilising her diverse knowledge and skills in the running of Athelstan's premium facilities and services.

Anne has held a variety of positions over her time in the industry, including General Manager of a luxury retirement facility in inner Melbourne, Head Chef/Manager of various restaurants and catering businesses, and Executive Chef at the Packer family's Ellerston Polo Property in the Hunter Valley.

"I love the diversity of hospitality; I still find it exciting and challenging. And I particularly love working with retired people, I find their life experiences inspiring."

Creating a community within a community is something that is important to Anne as part of her role.

"There will be plenty of opportunities for residents to get together and connect through in-house activities such as a Bridge group, weekly cooking classes, wine and cheese tastings, weekly social drinks at the fully-licensed Bar, fortnightly spit roasts and BBQs, as well as tai chi and meditation, and gentle exercise classes," Anne said.

"Also paramount to the community aspect will be making spaces available for residents to invite their family and friends to Athelstan to experience the first-class hospitality and service. A point of difference for Athelstan is the fact that all our staff will be trained in all aspects of hospitality, including barista skills, and we will employ our own chefs to create our full à la carte menus for our restaurant and café from Tuesday through to Saturday. Whereas other retirement living developments outsource their food and beverage, Athelstan will offer residents, friends and families a premium in-house food and beverage service."

For Anne, the objective is simple.

"It's all about the residents. Not only people's safety and comfort, but also how best to ensure their retirement years will be the happiest of their lives: active, social and part of the Athelstan community, as well as the wider community. I believe Athelstan will be the very best retirement living has to offer, and I am thrilled to be a part of it."

Community connections



Athelstan Biggest Morning Tea event



2012 Murray to Moyne Cycle Relay Challenge

Athelstan Camberwell's motto 'Stay close, stay involved' extends not only to new residents of the development, but to Athelstan's developers themselves.

The Athelstan team is committed to supporting the local community in a variety of ways; building strong relationships and forging neighbourly solidarity. A sense of community is of great significance to Athelstan's developer, Villa Maria. The not-for-profit senior, disability and education services provider is one of the oldest and most respected community organisations in Victoria.

Sponsorship of local events and donations to local clubs and organisations, such as the Waverley Bridge Club and Hawthorn Community Chest, are some of the important ways in which Athelstan stays connected to the community. The adjacent Camberwell Central Bowls Club has been kind enough to provide their venue as a location for Athelstan photo shoots, while Athelstan has donated gift vouchers as prizes at selected Ladies Days and Pennant Competitions over the summer.

On May 24, Athelstan was a proud supporter of the celebrated, annual Cancer Council fundraiser, Australia's Biggest Morning Tea. Held at The Salvation Army Camberwell, visitors enjoyed a scrumptious morning tea

and inspiring talk by guest speaker Cate Sayers, Founder and CEO of not-for-profit organisation e.motion21, which runs professional dance classes for children and young adults with Down syndrome. Cate began the Kew-based dance school in 2009 when she discovered her daughter Alexandra, who has Down syndrome, could no longer continue mainstream dance classes. Cate spoke about the amazing impact the classes, which have grown from 6 students to 110, are having on not only participants' lives, but the lives of their family members and the wider community.

Athelstan would also like to congratulate Villa Maria's 14-member team, including staff, friends, business and community colleagues from the Ashburton Riders Club, iCare Solutions, Project Planning and Management Pty Ltd and Chr. Hansen, who participated in the 2012 Murray to Moyne Cycle Relay Challenge from March 31 - April 1.

Athelstan was a proud sponsor of the event, which raised more than \$12,000 for a new playground at Villa Maria's specialist school in Kew, St Paul's College.



Athelstan's first apartment is open for viewing

Step into Athelstan Camberwell's new, luxurious display apartment and you'll see why so many retirees have chosen to call this outstanding retirement living development home.

The display apartment is a fully-furnished two bedroom apartment on the ground floor of the Camberwell Road site and provides prospective purchasers with a real sense of the quality of lifestyle they can expect at Athelstan. All apartments include exceptionally high-quality fittings and finishes in neutral tones to complement any décor, and comprise a spacious living and dining area, most with an alcove study, a fully-appointed kitchen with stainless steel appliances and classic stone bench tops, two luxurious bathrooms and walk-in robes. Lock-up storage is also available in the secure, underground car park.

Canterbury couple Helen and Tom Whelan are among many retirees who have already bought an apartment off the plan and secured their preferred aspect and location within Athelstan.

"As you get older the time comes where you do have to slow down a bit and it's nice to be somewhere you're comfortable, like Athelstan," Helen said.

The Whelan's say they were attracted to Athelstan's outstanding location in the heart of Camberwell and close proximity to local attractions and amenities which compliment their active lifestyle.

"My husband is a bowls player so one of the biggest lures was having the Camberwell Central Bowls Club right next door," Helen said. "And I love the movies so I only have to walk down the road to the Rivoli Theatre. It's also very convenient to have the tram and the bus at our doorstep, particularly to visit Chadstone Shopping Centre."

Helen said the couple also looked forward to continuing with their social lifestyle and mingling with other residents among Athelstan's premium facilities including a café, bar and restaurant, private dining room, elegant library, cards rooms, internet area, wellness and fitness area, and movie theatre.

The display apartment is open from 10am to 4pm, Monday to Friday.

Construction update - nearing completion



After many years of planning and building, the construction team is now on the home straight and looking forward to a fantastic finish, just in time for the Spring Racing Carnival.

Work is progressing well with LU Simon Builders adhering closely to the construction program. Plasterwork to all apartments has been completed and all apartments have received their first coat of paint, with kitchens and joinery installed and bathrooms tiled in the ground floor apartments.

By July, all scaffolding surrounding the building will be removed, providing the first preview of how the building will look. Landscaper Julian McCarthy will then weave his magic to transform the building site into wonderful gardens.

The shared lounge areas, kitchen and dining room will be the last sections of the project to be completed, with the final fit out works scheduled for commencement in June. Presently, our Manager Anne Hulls is busy finalising all the operational aspects of the project including recruitment of staff, preparing menus, selecting home cinema equipment, and most importantly, ordering the coffee machine and arranging barista training for staff!



Successful downsizing



Downsizing from the family home can be both a stressful and exciting time. Interior Design Consultant Sally Kortekaas, of The Guest Group, shares her tips for downsizing to apartment living.

1. Find furniture that is the right proportion for the space:

Large, modular-style sofas will look bulky and take up too much room. Instead, think about slim-line sofas or a sofa with a chaise. You want to move around your apartment easily and with clear walkways. Take the time to think about what your needs are, such as a computer workstation or a reading corner, and prioritise them when designing the layout of your new home.

2. Decide what's important to you:

What furniture pieces hold happy memories, have history, or you just love? Those are the pieces you want to keep. A welcoming and warm home needs to represent your personality. Work out which pieces can be displayed, and which you would like to store neatly in a display cabinet or buffet.

3. Making a smaller space feel bigger:

People often say lighter colors make a room feel bigger, however don't be afraid to use colour, especially colours with warm and vibrant tones. The trick is to use them

as accents, which add interest to your home. Use crisp white bed linen, it always looks fresh and inviting. Vertical mirrors create a sense of height and are perfect for entry walls. Lighting, whether a decorative table lamp or feature floor lamp, is the most important design tip to help create a warm and inviting space.

4. Sally's final tip:

Keep the things you love, but I encourage you to be open to change and try new things. If you would like any assistance with decorating your apartment, we have a team of professional and experienced interior designers here at Guest Interiors. Please call 9263 1100.

The Guest Group is responsible for the interior design and styling of Athelstan's new display apartment.

Visit us today at:

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Stay close, stay involved.

Independent Living with Villa Maria

